

Houttuynia cordata [简体中文](#) [正體中文](#)

System: Terrestrial

Kingdom	Phylum	Class	Order	Family
Plantae	Magnoliophyta	Magnoliopsida	Piperales	Saururaceae

Common name chameleon-plant (English), zyuyaku (English), dokudami (English), yu xing cao (English), houttuynia (English), chu ts'ai (English), vap ca (English), ch'i (English), doku-dami (English), yu hsing ts'ao (English)

Synonym *Polypara cochinchinensis*
Gymnotheca chinensis

Similar species

Summary *Houttuynia cordata* is a perennial plant that has been introduced as an ornamental for gardens. While the plant has apparently not escaped confinement, there is much fear that it will eventually present a huge risk to native habitats. It has a high reproductive and vegetative growth rate and quickly overtakes the gardens where it is planted. Control of this species is difficult as it will reproduce rhizomatically from fragments.



[view this species on IUCN Red List](#)

Species Description

H. cordata is a perennial ground cover plant. It is been marketed as a creeping ornamental garden plant, which has heart shaped leaves up to 75mm long and almost as wide. The leaves are comprised of a mixture of colours from green through yellow to red, the brighter colours being more prominent when grown in full sunlight. The leaves are opposite along thin erect stems which arise from slender rhizomes. The minute flowers are densely clustered on short spikes. At the base of each spike are four white petal-like parts (The Environment Bay of Plenty, 2003). The leaves of *H. cordata* are heart-shaped, usually variegated cream, bronze, scarlet and green, but may revert to a plain green colour, and have a peppery scent when crushed (National Pest Plant Accord, 2001).

Lifecycle Stages

The National Pest Plant Accord (2001) states that, "*H. cordata* is normally deciduous, dying back to the rootstock over winter, although it can be semi-evergreen in warm areas. The stems creep and spread from slender, couch-like rhizomes. When flowering, small spikes of minute flowers appear, each flower with four white petal-like bracts at the base. The plant spreads by both seeds and rhizome fragments."

Uses

The Plants for a Future (2001) database offers a variety of edible and medicinal uses of this species. Leaves can be eaten raw or cooked. There are mixed reports about the aromatic properties ranging from smelling like rotten fish to the authors statement that, "Our experience is that the leaves have a delicious orange-like smell and make a marvelous flavouring in salads. The whole plant is antibacterial, antiphlogistic, depurative, diuretic, emmenagogue, febrifuge, laxative and ophthalmic. A decoction is used internally in the treatment of many ailments including cancer, coughs, dysentery, enteritis and fever. Its use is said to strengthen the immune system. Externally, it is used in the treatment of snakebites and skin disorders. The leaves and stems are harvested during the growing season and used fresh in decoctions. The leaf juice is antidote and astringent. A root extract is diuretic. The root is also said to be used in medicinal preparations for certain diseases of women. The rhizomes yield a sterol, resembling sitosterol, which stimulates the secretion of antibiotic substances from a gram-positive spore-forming bacillus. An active substance, effective in the treatment of stomach ulcers, has been extracted from the plant" (Plants for a Future, 2001).

Habitat Description

The Nature Conservancy (2001) reports that *H. cordata* can be found in shaded places in lowlands and forested banks. "*H. cordata*'s natural habitats are moist loamy soils, shallow water and low light situations. It thrives along the margins of ponds and waterways" (Environment Bay of Plenty, 2003). "Often cultivated in gardens, it can grow on forest floors and on the margins of freshwater lakes and ponds" (National Pest Plant Accord, 2001). Plants for a Future (2001) report that *H. cordata* can be also found in bog gardens, on sunny edges, under dappled shade, and shady edges.

Reproduction

The Environment Bay of Plenty (2003) states that, "*H. cordata* is very easily propagated by division or cuttings, plant fragments can easily take root and form new infestations. These often establish from the indiscriminate dumping of garden refuse. Once established *H. cordata* can cover large areas assisted by creeping stolons and an extensive root system. *H. cordata* will also set viable seed."

General Impacts

The Environment Bay of Plenty (2003) reports that "*H. cordata*'s rampant growth can rapidly displace native plants in forest and wetland ecosystems." "This plant is only found in gardens so far, but is believed to present a huge risk to the native habitats. Any sightings of this plant should be reported to local authorities" (National Pest Plant Accord, 2001). Hynes (2003, personal communication) reports that, "Not only is *H. cordata* able to seed parthenogenetically (in the absence of male plants), but also every segment of its roots readily and grows effortlessly." Furthermore the author has noticed it being sold as a water plant in nurseries and states that, "Obviously it can live in water as well as in soil." Hynes (2003) correlates *H. cordata*'s spread with its immense appeal "Because of the huge range of colours each leaf has but should someone in the nursery trade decide to push it - we will have a major pest that will be almost ineradicable."

Management Info

Physical: The Environment Bay of Plenty (2003) suggests manually removing as much of the roots and plant material as possible and carrying out repeated removals at regular intervals. All uprooted plant material should be disposed of by incineration or taken to an official transfer station or landfill site.

Chemical: Both the Environment Bay of Plenty (2003) and the National Pest Plant Accord (2001) report that certain herbicides may be used to control *H. cordata* but neither source details which herbicides to use for reasons that it is mostly a garden weed currently and extra caution must be used when applying herbicides in garden environment. If herbicide use are desired it is best to contact local authorities for further assistance and information.

Pathway



GLOBAL INVASIVE SPECIES DATABASE

FULL ACCOUNT FOR: *Houttuynia cordata*

Principal source: Environment Bay of Plenty, 2003. Pest Plant Control "15": Sustainable Options: Ground Cover - Pest Plants.
National Pest Plant Accord, 2001. Chameleon plant (*Houttuynia cordata*)

Compiler: National Biological Information Infrastructure (NBII) & IUCN/SSC Invasive Species Specialist Group (ISSG) with support from the Terrestrial and Freshwater Biodiversity Information System (TFBIS) Programme ([Copyright statement](#))

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[3] NEW ZEALAND

[4] UNITED STATES

BIBLIOGRAPHY

11 references found for *Houttuynia cordata*

Management information

Environment Bay of Plenty. 2003. Pest Plant Control 15 : Sustainable Options: Ground Cover - Pest Plants. Environment Bay of Plenty Regional Council Pest Plant Section.

[National Pest Plant Accord, 2001. Biosecurity New Zealand.](#)

Summary: The National Pest Plant Accord is a cooperative agreement between regional councils and government departments with biosecurity responsibilities. Under the accord, regional councils will undertake surveillance to prevent the commercial sale and/or distribution of an agreed list of pest plants.

Available from: <http://www.biosecurity.govt.nz/pests-diseases/plants/accord.htm> [Accessed 11 August 2005]

[Royal New Zealand Institute of Horticulture \(RNZIH\), 2005. Chameleon plant *Houttuynia cordata*](#)

Summary: Available from: http://www.rnzih.org.nz/pages/nppa_023.pdf [Accessed 1 October 2005]

General information

GardenWeb, Undated. Which plants are invasive in Georgia?

[Hynes, M. 2003. Personal communications. Email with H. Scott.](#)

[ITIS \(Integrated Taxonomic Information System\), 2005. Online Database *Houttuynia cordata*](#)

Summary: An online database that provides taxonomic information, common names, synonyms and geographical jurisdiction of a species. In addition links are provided to retrieve biological records and collection information from the Global Biodiversity Information Facility (GBIF) Data Portal and bioscience articles from BioOne journals. Available from:

http://www.itis.gov/servlet/SingleRpt/SingleRpt?search_topic=TSN&search_value=506518 [Accessed March 2005]

[Nature Conservancy, 2001. Invasives Species Initiative listserve digest #091.](#)

Summary: Available from: <http://tncweeds.ucdavis.edu/listarch/arch091.html#05> [Accessed 11 July 2005]

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Summary: Available from: http://www.ibiblio.org/pfaf/cgi-bin/arr_html?Houttuynia+cordata&CAN=LATIND [Accessed 11 July 2005]

Staples, G. W., D. Herbst, and C. T. Imada. 2000. Survey of invasive or potentially invasive cultivated plants in Hawaii. Bishop Museum Occasional Papers: Number 65.

[USDA-GRIN \(Germplasm Resources Information Network\), 2005. *Houttuynia cordata*. National Genetic Resources Program \[Online Database\] National Germplasm Resources Laboratory, Beltsville, Maryland.](#)

Summary: Available from: http://www.ars-grin.gov/cgi-bin/npgs/html/tax_search.pl?Houttuynia+cordata [Accessed 11 July 2005]

[USDA-NRCS \(Natural Resource Conservation Service\), 2005. *Houttuynia cordata*. The PLANTS Database Version 3.5 \[Online Database\]](#)

[National Plant Data Center, Baton Rouge, LA.](#)

Summary: Available from:

<http://plants.usda.gov/java/nameSearch?mode=Scientific+Name&keywordquery=Houttuynia+cordata&go.x=11&go.y=11> [Accessed 11 July 2005]